

# Souhegan High School

## Fall Season Tryout/Practice Schedules

**All paperwork must be handed in prior to an athlete practicing. Plan ahead and send this in now or drop it off at the main office or athletic dept.**

**Meet the Coaches Night will be held August 19<sup>th</sup> at 6pm in the SHS Theater. Guest Speaker William Harris will be present to address the parents, coaches and athletes.**

### **GOLF**

Tryouts: August 18,19: 2pm at Amherst Country Club  
Practices: Mon., Wed. and Fri. every week

### **DANCE**

Tryouts: August 25,26: 9-12pm at SHS Annex  
Practices: August 26: 3-6pm in SHS Annex

### **SPIRIT**

Tryouts: August 16: 6-8:30pm at SHS Gym  
Practices: Mon and Wed. 6-8:30pm at SHS Gym

### **CROSS-COUNTRY**

Practices: August 16: 8-9:30am at SHS track  
August 17-20: 8-9:30am at Wilkins Elementary School

### **FOOTBALL**

Practices: **August 9: Meet The Coaches Night at SHS Theater**  
August 10: Equipment Issues from 4-6pm at SHS Café  
August 11-13: Practice from 6-8:30pm at Simeon Wilson  
August 14: Practice 10-12pm at Simeon Wilson

### **BOYS SOCCER**

Tryouts: August 16,17: 8-10am at SHS Back Field  
4-6pm at SHS Back Field  
August 18: 11-1:30pm at SHS Back Field  
Practices August 19: TBA Based on Level

## **GIRLS SOCCER**

Tryouts:	August 16:	8:30-11am at SHS Back Field 5-7pm at SHS Back Field
	August 17-18:	9-11am at SHS Back Field 5-7pm ay SHS Back Field
Practices:	August 19-20:	9-11am at SHS Back Field
		5-7pm at SHS Back Field

## **FIELD HOCKEY**

Tryouts:	August 16-19:	8-12pm at SHS Front Field
	August 20:	9-11am at SHS Front Field
Practices:	August 23:	TBA based on level

## **VOLLEYBALL**

Tryouts:	August 16-20	3:30-6pm at SHS Gym
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